## **Comprenhensive Istitute II of Udine**

#### Primary and middle school

## Rules of Procedure to avoid the spreading of the Covid-19

#### Explanations in english language.

# Dear parents, you must well explain to yours kids and teenagers how to behave in school.

- 1. With the parents'help, take your body temperature before leaving home. If it's more than 37,5°C or you have flu symptoms, remain home. Your parents will call the pediatrician.
- 2. Put inside your school bag an extra surgical mask, tissue and a hand-sanitizing gel which will be used only by you. If you make use of a cloth mask you must whash it daily.
- 3. If you come to school by bus, coach or minibus, put on your mask and keep the distance of at least 1 metre from the others passengers.
- 4. Change your mask every day or when it becames wet, avoid touching it too often or putting it on non-disinfected places. Don't hang it neither on your neck nor the arm.
- 5. You have to be on time. Don't come late or too early to school.
- 6. Put on the mask when you enter or leave the school.
- 7. Sanitizes your hand before getting in, in the classroom.
- 8. When you enter the classroom, go to your place. Hang your coat on the seat and your school bag under your chair or student desk. Check the desk if is on the right position (look at the stickers on the floor), sit down and wait for the beginning of the lessons. Remove the mask only when the teacher will enter the classroom.
- 9. Put on the mask if you cannot keep at least 1 metre distance from others.
- 10. Put on your mask always when you stand up from your seat to move around. During the lessons you can ask to the teacher to go out from the classroom only to go to the toilet.
- 11. Use the toilets which have been given to your class.
- 12. When you are lining up to enter the toilet, keep the 1 metre distance from other people without disrupting the hallway.
- 13. Remember windows will be open to airing out, ventilate the classroom therefore, bring to school one more pullover or sweater.
- 14. During the day whash and sanitize many times your hands, before and after touching common use things or areas. Use the dispenser or your personnel gel.
- 15. Stay inside the area given to your class even during the recess.
- 16. If you have to go to the gymnasium or to join an activity, wear your mask, wait for the teacher and go with your classmates respecting the 1 metre distance.
- 17. During sport activity you can remove the mask only if you keep at least a 2 metre distance from other people. Follow the teachers'rules!
- 18. To sing, you must be at least 2 metre distance from others.

- 19. You can not exchange your school's material with your classmail or other things nor share food and drinks.
- 20. Write your name on all your private things, even on the water-bottle.
- 21. All the school-family communications and the justifications will be done on the online register. Ask your parents if they have the password. Frequently control the site and the microsoft account for the communications.
- 22. If you feel sick in school, alert the nearest teacher or caretaker. They will guide you in a room where you will be waiting for your parents who will bring you back home. When you reach home, call the pediatrician and explain the situation to him.
- 23. If you are absent 1 day, you can come back to school with the medical certificate. If you are absent more than 3 days you must bring the medical certificate.
- 24. If you are not coming to school for family or personal reasons, you need to notify it to the class' coordinator. When you are back, you parents must handle a self-declaration saying that you have been absent for other reasons and not for illness.